Aubrey Foard Free Buzz Warm-Up Tuba

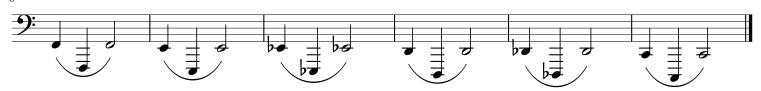
Free buzzing is an excellent way to strengthen embouchure and work on sound production. The below tempo markings are optional; these exercises can be done with or without a metronome. First timers may wish to find the pitch Bb first and get used to buzzing it without the aid of a mouthpiece before attempting these exercises. As you go through these exercises, work to make sure that you are using a proper mix of musculature to sustain the pitch and air to make a resonant sound. The result should be a hollow, warm sound (AKA "hooeyness") that is comparable to a bass flute.



OCTAVE JUMPS

This will allow you to relax the air and embouchure to go down to the octave below, then train you to re-engage both to attain the original pitch.





RANGE BUILDER

This is designed to help you work up to higher notes via free-buzzed slurs.

 $Gliss and o \ between \ all \ slurred \ notes. \ Establish \ the \ first \ pitch \ before \ attempting \ to \ slur.$

This can be done in any key; the below is a suggestion.

Ossia:

